## WHAT IS CLAIMED IS:

- 1. An apparatus for lighting in a building structure comprising:
  - a lighting fixture having at least two lamps; and
- a one-piece layer having a plurality of holes adapted to be aligned with the respective lamps through which light from the lamps pass.
- 2. An apparatus as described in Claim 1 wherein the layer has a front surface and a back surface, and the layer has a shield extending from the back surface disposed about each hole, the lamps are position at a desired depth in the shields.
- 3. An apparatus as described in Claim 2 wherein the fixture includes a housing which holds the lamps.
- 4. An apparatus as described in Claim 3 including means for merging the layer to the building structure.
- 5. An apparatus as described in Claim 4 wherein the means for merging includes tape that is positioned on the building structure and the layer to hold the layer to the building structure.
- 6. An apparatus as described in Claim 5 wherein the merging means includes a universal mounting bracket to mount the layer to the building structure.
- 7. An apparatus as described in Claim 6 wherein the merging means includes spackle that is placed over the tape to

cover the tape and any seam between the building structure and the layer.

- 8. An apparatus as described in Claim 7 including a transformer connected to the lamps and a junction box for providing electricity to the lamps.
- 9. An apparatus as described in Claim 8 wherein the fixture includes gimbal rings in which the lamps are disposed.
- 10. An apparatus as described in Claim 9 wherein the holes have edges which are straight, or edges which angle inwards or edges which angle outwards.
- 11. An apparatus as described in Claim 10 wherein the holes are symmetrical or asymmetrical.
- 12. A panel for a mounted lighting fixture having at least two lamps in a building structure comprising:
- a one-piece layer having a plurality of holes adapted to be aligned with respective lamps through which light from the lamps pass.
- 13. A panel as described in Claim 9 wherein the layer has a front surface and a back service, and the layer has a shield extending from the back surface disposed about each hole.
- 14. A panel as described in Claim 10 wherein the layer is made of glass, plaster of paris, corian, marble, granite, wood, metal or ceramic.

15. A method of lighting a building comprising the steps of:

placing a one-piece panel having holes on a lighting fixture having lamps so the holes align with the lamps and light from the lamps can pass through the holes; and

securing the panel to the building structure.

- 16. A method as described in Claim 15 including the step of adjusting the height of lamps in shields of the panel about the holes.
- 17. A method as described in Claim 16 wherein the securing step includes the step of taping the panel to the building structure and spackling over the tape.
  - 18. A method for forming a panel comprising the steps of:

introducing material into a mold having at least to lands that define holes in the material when the material has solidified;

letting the material solidify; and separating the solidified material from the mold.

19. A method for forming a panel comprising the steps of: cutting a first hole in a layer; and cutting a second hole in a layer.